

## Ministers of the Liturgy August 15 & 16, 2015

### Saturday - 4 P.M.

*Intention:* Carl A. Guidroz, Jr., Jason Cloud, Rose Marie Greco Federico, George Spaulding, Dorothy Flatley, Merle & Charles Dittmer, Patrick C. McKinney, Marie O'Malley, Joseph Segari, Fay Ann Arbelle, Joyce Sirgo, Eve Vavrick (L), Flora Maria Be  
*Extraordinary Ministers of Holy Communion:*  
A. & P. Delaup  
*Cantor:* Trish Genco

### Sunday - 9 A.M.

*Intention:* Ray Dunn  
*Extraordinary Ministers of Holy Communion:*  
J. & G. Rojas, B. Soletto, C. Rispoli  
*Song Leaders:* Traditional Choir

### Sunday - 11 A.M.

*Intention:* Dianne Z. Harrison, Hap Otilio, Frank E. Golemi, James E. Fitzmorris, Jr. (L), Melvin Ducote, Kelvin Ducote, Frank Pelicano, Hilton Daigle, Jr., George Held, Sr., Annette Junker, Joseph Donald Bernard, Special Intention (L), Msgr. Louis LeBourgeois, Catherine Waguespack  
*Extraordinary Ministers of Holy Communion:*  
J. Hutchinson, R. Oleksik, K. & M. Sorensen  
*Song Leaders:* Contemporary Choir

### Sunday - 6 P.M.

*Intention:* Parishioners  
*Extraordinary Ministers of Holy Communion:*  
M. Drawe, D. Powers  
*Cantor:* Lauren Gisclair  
*Pianist:* Beth Kettenring

## Weekday Masses (8/17-21)

<b>Monday</b>	<b>7:00 a.m.</b>	Don Rowan, Sr.
	<b>5:30 p.m.</b>	Marie O'Malley
<b>Tuesday</b>	<b>7:00 a.m.</b>	Don Rowan, Sr.
<b>Wednesday</b>	<b>7:00 a.m.</b>	Charles Holloway
	<b>8:20 a.m.</b>	Don Rowan, Sr.
<b>Thursday</b>	<b>7:00 a.m.</b>	Edward F. McCabe II
	<b>5:30 p.m.</b>	Roy Phelps, Sr.
<b>Friday</b>	<b>7:00 a.m.</b>	Emile Hart

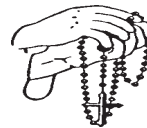


## St. Vincent de Paul Report

Thanks to the generosity of the parishioners of St. Benilde, during the months of April, May and June we were able to assist 196 clients. We provided \$5,984 for utility and housing assistance. We were also able to distribute food valued at \$4,500. We sincerely appreciate your support.

## City Park Night

The Home and School Association is hosting a fun family event for our children and their parents at City Park on Friday, August 28, from 7 – 10 p. m. Tickets can be purchased in advance until Wednesday, August 26, for \$12.00/per person (children under 2 are free). This ticket includes entry into the park and unlimited rides. If you want to purchase tickets before school starts, please email stbenildehomeandschool@gmail.com or contact Cherisse Heidingsfelder at 504-261-1529. Tickets will be available for purchase at the door for \$14 per person.



## Adoration Chapel

We have several open times in the Adoration Chapel. If you can help, or would like more information, please call Joy at 834-5525.

## Extraordinary Ministers of Communion Aug. 22/23

4 p.m.	K. Hartdegan, D. Martin
9 a.m.	C. & R. Ayers, R. Meche, P. Manfre
11 a.m.	S. Gordon, L. Peters, N. Bostick, L. Frey
6 p.m.	J. Zeringue, T. Kettenring



Adoration Chapel Sanctuary  
Light in memory of  
Stuart and Gloria Fourroux

Sanctuary Light for  
the Gsell-McCabe Family



**Altar  
Care**

## Altar Ladies

*Week of August 16*  
B. O'Hara, J. Didier

### Linens

*Large* - B. McCloskey *Small* - S. Roniger

## Last Week's Collection

Envelopes .....	\$5,092.00
Loose .....	2,889.59
Msgr. Richaud Endowment Fund.....	421.00
Repairs and Maintenance.....	871.00
<b>Totalling .....</b>	<b>\$9,273.59</b>
<b>Mission Collection.....</b>	<b>\$1,976.36</b>

## Fr. Cooper's Corner Frequent Confession

Another essential aspect to a Catholic plan of life is frequent recourse to the Sacrament of Reconciliation and Penance. The Catechism of the Catholic Church and the last seven Popes have all sought to persuade the Christian faithful to take regular advantage of the gift of the Lord's mercy.

These popes have led also by example. Pope Francis has told us that he goes to Confession twice a month. St. John Paul II went each week. Pope Pius XII went every day. This is not — we can be certain — because the Popes are clandestine serial killers, blasphemers, liars, thieves, or regularly commit other mortal sins. It's because of a hard and fast law of spiritual growth: the closer we draw to God, the more we know how our thoughts, words, deeds and omissions are not totally aligned with God. The more light shines in a room, the more we see the dust on the woodwork or the fingerprints on a window. The more we grow in holiness, the humbler we get and the hungrier we become for God's mercy.

What are the fruits of frequent confession? The Catechism lists several of them: "The regular confession of our venial sins helps us to form our conscience, fight against evil tendencies, let ourselves be healed by Christ and progress in the life of the Spirit. By receiving more frequently through this sacrament the gift of the Father's mercy, we are spurred to be merciful as he is merciful" (CCC 1458).

Pope Pius XII gave a more extended list of the spiritual advantages in his 1943 encyclical *Mystici Corporis*. "To ensure more rapid progress day by day in the path of virtue, the pious practice of frequent confession, which was introduced into the Church by the inspiration of the Holy Spirit, should be earnestly advocated," he wrote. "By its genuine self-knowledge is increased, Christian humility grows, bad habits are corrected, spiritual neglect and tepidity are resisted, the conscience is purified, the will strengthened, a salutary self-control is attained, and grace is increased in virtue of the Sacrament itself."

Let's examine briefly the eight benefits he named.

*Genuine self-knowledge is increased* — Socrates said that the unexamined life is not worth living. The regular, thorough, courageous examination of our conscience helps us to do an honest appraisal of our behaviors, character and movements of the soul. It allows us to know ourselves with God's light, both the good and the ugly.

*Christian humility grows* — Humility begins with seeing ourselves as we really are, but then extends to looking at and relating to God and others reverently as they really are. Humility helps us to grasp that we hold a treasure in vessels of clay and allows us more easily to serve with love.

*Bad habits are corrected* — We all have bad habits, but few of us fight intelligently to extirpate them. Frequent confession helps us to identify our vices, probe with God's assistance their root causes, and come up with a resolute game plan day-by-day to battle against and eradicate them.

*Spiritual neglect and tepidity are resisted* — Pondering Jesus' admonition to the Church of Laodicea (Rev 3:14-19), Pope Benedict said, "The greatest danger for a Christian [is] not that he may say 'no,' but that he may say a very lukewarm 'yes.' This being lukewarm is what discredits Christianity. Faith must become in us a flame of love ... that fires up my being ... and so also fires up my neighbor." Frequent reception of God's mercy fills us with the flame of His love and burns away spiritual dross.

*The conscience is purified* — To keep our inner organ of sensitivity attuned to God, we must not only regularly calibrate it through examining our actions in light of God's guidance but receive the sacramental help God gives. Trying to follow an unpurified conscience is as wise as trying to drive looking through a sullied windshield.

*The will is strengthened* — A strong will perseveres in doing what's right and in saying to God, "Thy will be done." Our failures and falls discourage us and weaken the will. God's mercy picks us up and inspires us to keep fighting.

*A saving self-control is attained* — To be Jesus' disciple, we have to deny ourselves, pick up our Cross and follow Him. Frequent confession helps us to control our egomania and discipline our appetites so that we can give ourselves to God and others.

*Grace is increased in virtue of the Sacrament itself* — Grace is our participation as creatures in the very life and love of God. The sacraments give the grace they signify and the Sacrament of Penance helps us to live in the truly unbelievable, life-changing reality of God's merciful love. (Full article on [frcooper.info](http://frcooper.info))

## Grocery Bag Appeal

To help us resupply our food pantry, next weekend our SVDP will provide bags in the foyer of Church with a list of the most needed food items. Please return bags to the Church foyer or the Parish Office. We hope you will find this a convenient way to return donations. Thanks for your help.

## CCD Registration

St. Benilde's CCD Program begins on Sunday, August 23, in the main school building. Registration forms are available in the Church vestibule or the Parish Office. We teach religion on Sundays from 9:30 a.m. until 10:40 a.m. to pre-K3 through 12th grade students not currently attending Catholic school. The usual fee/tuition is \$50 per student.



The R.C.I.A. Program is a set of sessions to share with others the truths of the Catholic faith. It is open to those who have never been baptized, as well as baptized Christians seeking to become Catholic. Catholics desiring a better knowledge of their faith are welcome. Weekly meetings are held on Mondays at 7:30 p.m. in the library beginning **August 24**. To register, please call the Parish Office at 834-4980.