

## Ministers of the Liturgy August 1 & 2, 2015

### Saturday - 4 P.M.

*Intention:* Charles Montgomery, Sr.,  
Joseph Rodosta, Rose Marie Greco Federico,  
Marie O'Malley, Merle & Charles Dittmer,  
Joseph Segari, Patrick C. McKinney,  
Fay Ann Arbelle, Don Rowan, Sr., Vincent Danna,  
Eve Vavrick (L), Special Intention (L),  
Elissa Macaluso, Flora Maria Be, George Spaulding  
*Extraordinary Ministers of Holy Communion:*  
R. Aucoin, C. Casente  
*Cantor:* Trish Genco

### Sunday - 9 A.M.

*Intention:* Paul Fleming III  
*Extraordinary Ministers of Holy Communion:*  
J. Tusa, P. Cifreo, M. Evola, P. Fleming  
*Song Leaders:* Traditional Choir

### Sunday - 11 A.M.

*Intention:* Frank Pelicano, Special Intention (L),  
Joseph Donald Bernard, Melvin Ducote,  
Kelvin Ducote, Hilton Daigle, Jr.,  
Frank E. Golemi, Dianne Z. Harrison, Poor Souls  
*Extraordinary Ministers of Holy Communion:*  
C. & T. Pitre, J. Ackermann, J. Wright  
*Song Leaders:* Contemporary Choir

### Sunday - 6 P.M.

*Intention:* Parishioners  
*Extraordinary Ministers of Holy Communion:*  
A. Calongne, T. Keller  
*Cantor:* Lauren Gisclair  
*Pianist:* Beth Kettenring

### Weekday Masses (8/3-7)

<b>Monday</b>	<b>7:00 a.m.</b>	Don Rowan, Sr.
	<b>5:30 p.m.</b>	Joseph Segari
<b>Tuesday</b>	<b>7:00 a.m.</b>	Lillian Giebelhaus
<b>Wednesday</b>	<b>7:00 a.m.</b>	Frank A. Gsell
<b>Thursday</b>	<b>7:00 a.m.</b>	Don Rowan, Sr.
	<b>5:30 p.m.</b>	Maria Mercedes Cabrera
<b>Friday</b>	<b>7:00 a.m.</b>	J.B. deVillentro III



## Assumption of the Blessed Virgin Mary

The Solemnity of Assumption of the Blessed Virgin Mary is **NOT a Holy Day of Obligation** this calendar year. **However, because of the importance of this Feast Day in the Universal Church**, we will have Mass on **Saturday, August 15, at 8:45 a.m.** Even though the obligation has been dispensed this year, all are invited and encouraged to attend Mass to ask for the special intercession of our Lady.

### Thank You!

The St. Benilde CYO would like to say thank you to all of our parishioners for your overwhelming spiritual and financial support of our group of teens who will be attending the National Catholic Youth Conference in Indianapolis in November. The teens have begun to prepare for their pilgrimage. We will be praying for all of you at NCYC. The young people are our church of today and our leaders of tomorrow!



The Missions

Fr. Simon, a missionary from the Diocese of Mbuylmayi, Congo, will be at all the Masses next weekend. He will be making an appeal for spiritual and financial support of their efforts to minister to the people of the Congo. Thank you in advance for your generosity.

## Extraordinary Ministers of Communion

### Aug. 8/9

4 p.m.	A. A. Quigley, E. Van Hoven
9 a.m.	C. Frederick, L. Whitman, K. Klapatch, R. Theriot
11 a.m.	P. & R. Serio, K. Robertson, R. Meece
6 p.m.	L. Daigle, B. David



Adoration Chapel Sanctuary  
Light in memory of  
Stuart and Gloria Fourroux



Altar  
Care

### Altar Ladies

Week of August 2

J. LeBoeuf, J. Rojas, T. Gsell

Linens

Large - B. McCloskey Small - S. Roniger

### Last Week's Collection

Envelopes .....	\$2,713.00
Loose .....	3,267.54
Clarion .....	85.00
Msgr. Richaud Endowment Fund.....	150.00
Repairs and Maintenance.....	105.00
<b>Totaling .....</b>	<b>\$6,320.54</b>

## Fr. Cooper's Corner

### Christian Fasting

Fasting is one of the most minimized and underutilized parts of a Catholic plan of life. There are many Catholics who fast only two days a year, on Ash Wednesday and Good Friday, and even on those days legalistically have one big meal and eat throughout the rest of the day just up to the limit of what would constitute a second meal. Others go beyond it, giving up, for example, chocolate, sweets or alcoholic beverages throughout Lent.

To a large degree, however, fasting in this way is the equivalent of praying for a few minutes a day or giving a few dollars away in alms — they're good actions, but far from the heroism that forms saints. They frankly don't resemble at all Jesus' fasting in the desert or the fasting of the Ninevites after Jonah's preaching, of Esther and the Jews in Babylon, of Anna in the Temple, of the early Church in Antioch, of St. Paul and so many of the saints throughout the centuries.

In the Gospel, Jesus makes two clarifications about Christian fasting that's key for us to fast appropriately. First, He said that the "wedding guests" can't fast while the bridegroom is with them, but when He is "ripped away" then they will fast. This shows that the fundamental Christian attitude is joyful feasting, not gloomy fasting. When in Jesus' presence, we rejoice like groomsman celebrate at a friend's wedding. Because Jesus is with us until the end of time, Christians are meant to be distinguished always by joy at His presence. At the same time, however, we are not always with Jesus, because whenever we sin, our communion with Jesus is ripped asunder, as when Jesus was ripped away from the apostles in Gethsemane. So we fast, seeking to unite our whole existence to Him.

Second, Jesus said we cannot sew new patches onto old cloaks or pour new wine into old wineskins. In other words, our fasting is revolutionarily different from the fasting of the Pharisees or John the Baptist's disciples, which was a fasting of religious discipline and duty meant to do penance for their sins and beseech God to answer prayers. Christian fasting, on the contrary, is meant to be motivated by a love for the Father that seeks to bring us to hunger for what He hungers for. God hungers for us to hunger and thirst for holiness.

When people begin to take God's call to holiness earnestly, they recognize that they need to take fasting more seriously. But they often fast impetuously and unwisely, in such a way that various unintended side-effects occur. We can and should fast boldly, but we need to avoid three pitfalls.

The first is pride, either trying to win others' esteem or inflate ourselves because of our improved self-discipline. The second is irritability, fasting so much that our bodily state leaves us uncharitably grumpy or snappy. The last is fatigue or distraction, such that we cannot do the work that we need to do because we don't have the necessary energy and concentration. To avoid these pitfalls, I generally recommend most people in ordinary circumstances set aside

a time to fast in a three-fold way: to drink only water (and coffee if they really need the caffeine); to give up all condiments on food (salt, pepper, sugar, butter, ketchup, salad dressing); and to forsake all sweets and avoid snacks between meals.

This type of fast will often go totally unnoticed by others, will give us dozens of opportunities every day to practice holy self-denial, will convince us that we don't live on bread alone, and will help us to pray in the body a liturgy of the hours that will open our souls to grasp that every word that comes from the Father's mouth. "Do not work for the food that perishes," Jesus told us in the Gospel, "but for the food that endures for eternal life." That's what bold Christian fasting enables as part of a Christian plan of life. *(Full article on [frcooper.info](http://frcooper.info))*

### SBS Seeks Substitutes & Volunteers

St. Benilde School is looking for interested members of the parish to serve as substitute classroom teachers for children from 6 weeks through 7<sup>th</sup> grade. We are also looking for people willing to volunteer in our library and cafeteria program. If you are interested, please contact Principal Matt Downey ([jdowney@stbenilde.com](mailto:jdowney@stbenilde.com)) or Assistant Principal Valerie Perez ([vperez@arch-no.org](mailto:vperez@arch-no.org)) via email or by phone at 504-833-9894.

### Safe Environment Training

Safe Environment training will be held at St. Benilde on August 13, 2015 at 6:30 p.m. in the cafeteria. All volunteers who have even one unsupervised contact with minors, and all who participate in an overnight event, must attend safe environment training prior to volunteering for the first time and every three years thereafter. Please contact Mary Kelly, 834-4980 ext. 113, for further information.



Do not miss our Annual Parish Bingo that Home & School/ Grandparents ' Club are sponsoring on Sunday Sept 13, from 12:30- 2:30 p.m., in the cafeteria. There will be food, fun, and wonderful game prizes for all ages. Doors open at 12 noon. An entry fee of \$10 includes four interchangeable bingo cards for adults and children age five and up. Children under five are admitted free and receive one card. Donations are now being accepted from prize sponsors. To donate or for more information, please contact Cherisse Heidingsfelder @ 504-261-1529 or via email [cherisseann2002@gmail.com](mailto:cherisseann2002@gmail.com)

### Radio Rosary

All are invited to recite the rosary on the radio with members of the Holy Name Society this Friday, Aug. 7. Please arrive at the library at 5:45 p.m. The rosary is broadcasted daily at 6 p.m. on radio station WVOG - 600 on the AM dial.